

MENU

BREAKFAST WRAPS

All wholemeal wraps.
Gluten free available for a 40p supplement.

Bacon, Egg,
Mushroom & Spinach - **£5.45**

Halloumi, Egg,
Mushroom & Spinach - **£5.45** **V**

BREAKFAST EGG POT

Salmon, Scrambled Egg
& Avocado - **£5.45** **GF DF**

Bacon, Mushroom
& Scrambled Egg - **£5.45** **GF DF**

DELI SALAD

Choose any 3 salads from our Fresh **GF**
Deli Counter for **£4.95**

ADD A PROTEIN

Chicken with Naked Rub - **£1.50** **GF**

Sweet Potato &
Caramelised Onion Frittata - **£1.50** **GF V**

Beet Balls - **£1.50** **GF VG**

ADD A COFFEE FOR £1

Non Dairy Supplement Applies

HOT NAKED BOWLS

Thai Chicken Curry **GF**
Chicken, Sweet Potato & Spinach Thai
Curry with Brown Rice & Chilli Garlic
Greens - **£6.50**

Chicken Satay Rice Bowl **GF**
Black Rice, Quinoa, Spring Onions,
Peppers, Kale, Corriander, Avocado
& Pickled Red Onion - **£6.50**

Vegan Chickpea Dahl **GF VG**
Brown Rice & Chilli Garlic
Greens - **£6.50**

Mexican Beef Chilli **GF**
Brown Rice, Chilli Garlic
Greens - **£6.50**

PROTEIN SHAKES

Peanut Butter & Banana
Almond Milk & Vanilla Protein (24g)

Vanilla & Strawberry
Almond Milk & Vanilla Protein (24g)

Protein Bounty
Coconut Milk & Vanilla Protein (24g)

Protein Espresso
Double Shot Espresso,
Almond Milk & Vanilla Protein (24g)

SUPERFOOD SMOOTHIE

Acai, Coconut, Blueberry
Acai, Coconut Milk, Blueberry, Banana

Matcha Passion Fruit
Matcha, Banana, Coconut Milk, Maple,
Passion Fruit

Super Green Cleanse
Spinach, Kale, Coconut Milk, Mango, Apple

Chocolate Nut Butter Sweet Tooth
Cacao, Peanut Butter, Almond Milk,
Banana, Maple

The Hangover
Banana, Apple, Strawberry & Coconut Milk

Mango Turmeric
Mango, Turmeric, Maple, Ginger & Coconut Milk

All Shakes & Smoothies
£4.00

COFFEE & TEA

All made with cows milk.

Almond, Oat & Coconut Milk Available for 30p Supplement.

| | MEDIUM | LARGE |
|---------------------|--------------|--------------|
| Espresso | £1.60 | |
| Latte | £2.40 | £2.70 |
| Americano | £2.00 | £2.30 |
| Cappuccino | £2.40 | £2.70 |
| Flat White | £2.40 | £2.70 |
| Cacao Mocha | £2.75 | £3.00 |
| Bullet Proof | £2.75 | £3.00 |
| Matcha Latte | £2.75 | £3.00 |
| Turmeric Latte | £2.75 | £3.00 |
| Cacao Hot Chocolate | £2.40 | £2.20 |

TEAS

English Breakfast
Earl Grey
Peppermint
Green
Super Fruit

All Teas
£1.75

All Coffee & Teas available as iced drinks.

MEAL DEAL

Add a Smoothie to any
meal from the menu for
only £2.50
Mon-Fri

Need Catering?

Email any enquiries to
catering@
thenakeddeli.co.uk

Phone orders
0191 5910858

Our Famous
Naked Treats
£2.75



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NUTRITIOUS.

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